

Workshop: Effective Communication Part 1: In my own research environment

Date:	Tue, 23 September 2025, 09:00–12:30 h
Location:	virtual via Zoom
Target group:	Postdocs of all research fields of the UA Ruhr universities (max. 25 participants)
Trainer:	Prof. Dr. Daniel Mertens
Registration deadline:	16 September 2025

»» Please register at: <https://eveeno.com/119729490>

Description

This online workshop is designed to enhance communication skills of postdoctoral researchers in their direct research environment.

Participants will develop communication strategies that are crucial for professional growth and research success and which support them to take over their research and leadership responsibilities successfully.

This workshop will equip Postdocs with essential skills to accelerate their professional communication

- to step in for their goals
- to negotiate appropriately
- to manage upward and downward communication
- to enhance team dynamics by task-oriented team communication
- to create a positive communication culture

After this workshop, participants will be better equipped to lead and contribute effectively to research teams and negotiate successfully for their own interests and goals.

Trainer

Prof. Dr. Daniel Mertens is Biochemist and leader of his own research group at the German Cancer Research Center (DKFZ) and at the University of Ulm. He shares his knowledge and experiences since several years as professional trainer.